

# 2019-2020 TTC Catalog

## SFT 202 Internship for the Personal Trainer

Lec: 0 Lab: 9.0 Credit: 3.0

This course provides an opportunity for the student to serve in a leadership role in a worksite wellness program, hospital-based wellness center, cardiac rehabilitation center or qualified agency providing fitness programs. Valid learning objectives are established by the instructor and student to apply classroom theory to practical job experiences.

### **Prerequisite**

SFT 125

CPR and First Aid

### **Course Offered**

Spring

### **Grade Type**

Letter Grade

### **Division**

Health Sciences